

The West African Pranic Healing Foundation

2nd Edition

August 2013

All testimonials and articles can be sent to:

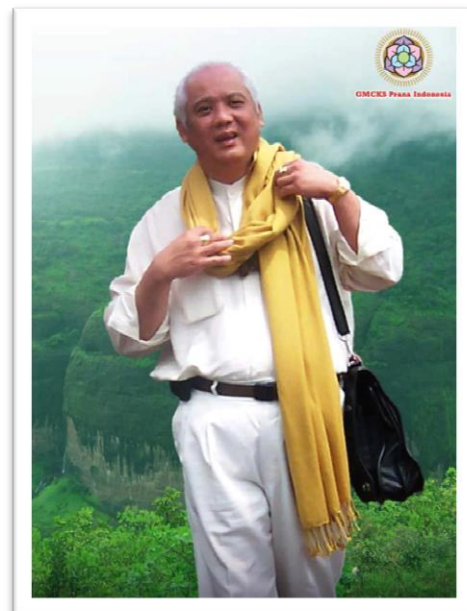
p_healing@yahoo.com

"Life is governed by cycles, by change.

Sometimes you are up.

Sometimes you are down."

- Master Choa Kok Sui, Experiencing Being



"Greetings and hope everyone is in good health! The last few months have been full of activity for the West African Pranic Healing Foundation and the entire team with courses from Master Danny, Wesak Celebrations and much more. Here we bring you highlights of the latest news around the Pranic Healing family in West Africa and other words of wisdom from Master Choa Kok Sui's teachings. Happy reading!"

Contents

Higher Workshops with Master Danny	Page 2
Teacher's Training Course	Page 3
GMCKS Mahasamadhi Meditation	Page 3
Free Healing Camps	Page 3
Wesak Festival Meditation	Page 4
What is Pranic Healing?	Page 4
Healing Testimonial – Healing of Stroke	Page 5
Healing Testimonial – Healing of an Infected Leg Wound	Page 5
Pranic Healing Course List	Page 7
Contact Details of Pranic Healing Centres in West Africa	Page 8



Kriyashakti Course held in May 2013

The Kriyashakti course is a one of the higher courses of Master Choa Kok Sui. This course illustrates that pranic healing not only aims to fulfill our health and spiritual development but also educates us on methods that assist in attaining success in other areas of life such as finances, career, relationships and other goals that we want to achieve. This course teaches us certain techniques which help us attain our goals, remove obstacles that prevent us from achieving what we want and teaches us what is the science behind materialization of our aims.



The Kriyashakti course was held in May 2013 in Lome by Master Danny from the Philippines. Master Danny is a senior disciple of Grand Master Choa Kok Sui and has been conducting higher Pranic Healing courses in West Africa since 2002. The course was attended by 120 new participants as well as many people who came to review. These are some of their experiences with Kriyashakti:

Kutsienyo Marcus a mining engineer of Togolese origin - Mr. Marcus attended the pranic healing course in 2009. As Mr. Marcus related: "One incident where I used Kriyashakti was when I had an accident with my truck. This setback was going to really affect my work. The truck needed another engine which was going to cost 5 million cfa. After doing Kriyashakti for 28 days I managed to get an engine in excellent condition for 2.5 million cfa. Therefore all I can say is you can't do Kriyashakti and not have results"

Mr. Amenyinu Yves - "I have improved my own financial situation using Kriyashakti. My children are studying in Canada and after their studies they were then applying for jobs. I did Kriyashakti for them. They are now employed with good and well-paid jobs." Mr. Yves finished with a contented smile.



Higher Clairvoyance Course held in May 2013

The Higher Clairvoyance course conducted by the WAPHF in May 2013 in Lome had over 85 participants coming from various countries in West Africa. The Higher Clairvoyance course presents to you the techniques necessary to be able to *see* and *feel* the energies that are around and even within us. We are at present not sensitive



to these energies and don't even know that they exist. These energies affect us in both positive and negative ways depending on their nature. These energies affect us in our everyday lives. As those of you who have done the basic pranic healing course know about the existence of the auras and chakras. When you learn *scanning* you learn how to feel the energies of the aura and chakras. Scanning improves with practice. The same is true for Clairvoyance, where you are taught the techniques and to become proficient you will need to practice them.

Only graduates of Arhatic Yoga Level 1&2 are eligible to apply for this course.

The Kriyashakti and Higher Clairvoyance courses are conducted only by senior disciples and not conducted every year by the WAPHF. All information as to when these courses will be conducted next can be acquired from the WAPHF.

Teacher's Training Course

The Teachers Training Course at WAPHF is a course that trains people to teach the Basic Pranic Healing Course. Instructors of this course are needed by the Foundation to teach Pranic Healing in Togo as well as other West African countries. This course was conducted by Mr. Pavan Rajamohan in Togo, Ghana and Benin where a total of 36 participants were trained. There were people from Ghana, Benin, Senegal, Nigeria and Burkina Faso. Pranic healing is also open to people who not only want to take up healing full time but also teaching. It is for people that are going to be dedicated to producing results.

For anyone who is interested in becoming a Pranic Healing Instructor please contact the West African Pranic Healing Foundation in Lome, Togo to receive information on the process.

GMCKS Mahasamadhi Meditation on 19th March



Mahasamadhi is the act of consciously leaving the body permanently at time of attaining enlightenment. This makes it a day to celebrate. The celebrations for Mahasamadhi of Grand Master Choa Kok Sui were held in all Pranic Healing Centres in West Africa on March 19th and were attended by over 250 people. On this special day, participants paid reverence and remembered the impact of the Teacher and the priceless treasures he left for us all. The general experience of meditators on this day was a tremendous downpour of energy and blessings during and after the

meditation. Meditation in a group is much more powerful than meditation done individually.

Free Healing Camps

As part of the service activities of Pranic Healers, regular free healing camps are conducted at the centers. The recent free pranic healing camp at WAPHF had over 50 people who came in for free healings and a total of 8 healers that worked hard and made the camp successful. Some of the healers present on those days were: MAXIME, DE SOUZA, YVES, AMEKOUDI, KOSSIVI, LANDRY, KOMI and NATHALIE.



You can contact the centers if you would like to come for healing for one of these camps or if you are a healer yourself and would like to assist.

Wesak Festival Meditation in April 2013

Wesak Meditation was held at Hotel Sarakawa on 26 April 2013. The Wesak Full Moon Meditation is a very Sacred Event for your Soul and subtle bodies. Many may not realize the true importance of this event. It is a priceless opportunity that only comes once a year for your Soul to bathe in Blessings that our human minds have yet to comprehend.



Once a year, on what is considered to be the most powerful full moon of the year, your Higher Soul gets the chance and privilege to immerse itself in a downpour of Divine Energy to purify your vehicles, chakras and physical body as well as to use that energy to bless Mother Earth. Consequently, as you Bless Mother Earth you are generating tremendous amounts of good karma that can be utilized to bring

forth Prosperity, Joy and Happiness in both your Spiritual & Material Life.

Celebrations vary from one country to another. In Thailand, for example, special Wesak lanterns are made of paper and wood, and often there are large ceremonial releases of caged birds. In China, traditional elements from Chinese culture, such as dancing dragons, are incorporated into the religious celebrations. In Indonesia, Wesak lanterns are made from paper and wood. Another popular custom in some countries is the release of caged birds, symbolizing letting go of troubles and wishing that all beings be well and happy

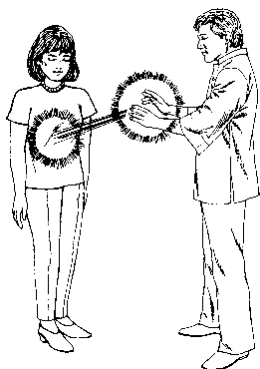
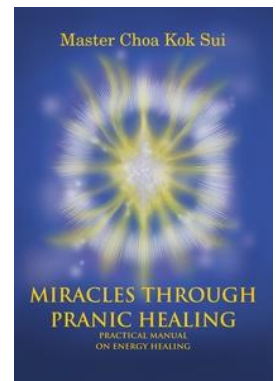


"At the time of the Festival, there is opened a channel of communication between humanity and God, down which the love and wisdom of God Himself can pour to a waiting and needy world. At this time great expansions of consciousness become possible which are not possible at other times." - Holy Master DK through Alice Bailey

What is Pranic Healing?

(Based on the book 'Miracles Through Pranic Healing' by Master Choa Kok Sui)

Pranic healing is the name of an alternative medicinal modality created/rediscovered by Grandmaster Choa Kok Sui that uses prana (energy) to heal ailments in the body by manipulation of the person's energy field. Master Choa Kok Sui states that Pranic healing is like acupuncture and yoga in that it treats the "energy body" which in turn affects the "physical body".



According to Master Choa Kok Sui, in ancient China there were 5 levels of healing. The first being massages which is often referred to as acupressure. The second level involves healing with herbs and some animal products. The third uses acupuncture and moxibustion. In the fourth level the healer uses acupuncture with the projection of chi into the needles and meridians. The fifth level, which required the highest level of skill, was the projection of chi without the use of physical contact or needles. The projection of chi energy (pranic energy) without physical contact is called

Medical Chi Kung in China and was a closely guarded secret in both India and China. In India Medical Chi Kung is called Pranic Healing and was the name used by Choa Kok Sui to teach this method globally.

Pranic Healing is based on two proposed principles:

1) Law of Self-Recovery: Which according to Master Choa Kok Sui states that the 'body is capable of healing itself at a certain rate. If a person has a wound or burn, the body will heal itself and recover within a few days to a week. In other words, even if you do not apply antibiotic on the wound or burn, the body will repair or heal itself.

2) Law of Life Energy: According to Master Choa Kok Sui 'for life to exist, the body must have prana, chi or life energy. The healing process can be accelerated by increasing life energy on the affect part(s) and on the entire body'



Note: The book 'Miracles Through Pranic Healing' by Master Choa Kok Sui can be purchased from any of the local Pranic Healing Centres in West Africa. Both French and English versions are available.

Healing Testimonial – Healing of a Stroke

Mr. Amenyinu Yves had a stroke or what can be called a cerebrovascular accident in several years ago. Such an attack can lead to paralysis, loss of hearing and loss of other bodily functions if severe. This condition can take a long time to heal with physiotherapy and even then the patient most of the time cannot lead a completely normal life. For Mr. Yves it left the right side of his body weak, making movement difficult for him and he was not able to hear through his right ear. He came to the Pranic Healing Centre in Lome for healing regularly and within 3 months he gained back his ability to function and work normally. He is also able to drive which he could not do after the stroke. Pranic Healing has allowed him to recover from his condition and now lead a normal healthy life.

Healing Testimonial – Healing of an Infected Leg Wound *(testimonial by Stephanie Davies from The Gambia)*

The most beautiful experience we can have is mysterious and I now believe it is of a true art and science that's opens our eyes to the wonderful healing of Pranic healing.

I have been practicing basic Pranic healing for about a year now but I never could still comprehend the amazing healing results that I know now since I learned the Advance and Psychotherapy courses a couple of months ago.

Our bodies have the technology to heal itself we just have to trust the process and let it be.

After completing the advanced course I felt more intention to learn more of Pranic healing and how it compliments greatly to other holistic treatments and allopathic medicine. With being a student of Homeopathy I wanted to gain a full analysis by treating the patient both with Homeopathy and the Pranic Healing. I would love to share with you a true case of healing that for me will be testimonial for

the entire length of my future career, this has really inspired me more than anything to help others in need of healing.

To outline the condition was an infection of the leg caused by an insect bite that the patient began to scratch with such intense and made into a wound. This wound gradually over a couple of days became infected (an indication of yellow and green pus emerged from the wound) with swelling of the leg and foot.

A homeopathic remedy was given to help to clear the infection and help with the swelling. Pranic healing began on Tuesday 5th June. To see the process of the healing daily was truly and experience to see, each day there was a difference, from the swelling depleting in the first day of treatment and for the skin to repair from the third day onwards.

I truly hope from reading and seeing the pictures of this healing process that it will open eyes to see how the amazing creation that *is our own bodies* can in time heal itself.

Day 1

From the Photo you can see that the insect bite has become infected. The leg and the top of the foot are swollen.

Homeopathic remedy was prescribed with Advanced Pranic healing (protocol on pages 117 and 123 for skin infections). The patient found this very painful when walking. After the protocol for Pranic Healing the patient felt a huge relief from the pain and could get on with the rest of her day. Advised to clean with salt water 3 times daily.



Day 3

The swelling of the leg and foot have completely gone down. No pain from the patient. You can see in the picture the skin has begun to heal over the wound. Patient very happy.



Day 6

Patient decided to place a plaster over the wound (which was healing very well) over the weekend, unfortunately when the plaster was removed the new skin developing was removed. As from the picture you can see it also took the skin around the wound off as well. I was then advised to then follow the protocol of using certain advanced healing techniques for around 3- 5 treatments as the potency is increased several times. After using this technique the patient said she felt a cold sensation as I was doing the healing.



Day 7

The skin which was removed from the plaster as begun to heal. The patient has had total relief since day 3 and has not complained of any pain, she is very happy with the progress.



Day 9

Amazing healing results, from each healing session the patient always felt relieved and relaxed! I observed she was quite sensitive to what I was doing as she also commented that at the beginning (as I was doing the cleansing) when she had pain she felt it was being removed from her leg.

As I applied the advanced healing techniques I was surprised when she noticed the coolness of her leg as I was energizing.



(Note: Stephanie is a Pranic Healer & Homeopathy Practitioner and this healing was done just after 2 weeks of doing the Advanced Pranic Healing Course)

Course List (Some of the courses offered are...)

Basic Pranic Healing: Some of the things covered in this course are basic techniques and principles of Pranic Healing, healing of simple ailments and more severe ailments, Twin Hearts Meditation, Powerful Breathing Exercises to increase energy levels, Distant Healing, Self-Healing and much more.

Duration: 2 days (9 am to 6 pm)

Course Fees: Includes the Basic Pranic Healing Book and Twin Hearts Meditation CD



Advanced Pranic Healing Course: Teaches further techniques to provide more powerful healings using colour pranas. It helps you heal long and more serious diseases faster and more effectively. Learn more advanced healing techniques.

Prerequisite: Basic pranic healing

Duration: 2 days (9 am to 5 pm)

Course Fees: Includes Advanced Pranic Healing Book.



Pranic Psychotherapy: This course helps you understand how negative thoughts and emotions affect us and those around us. It helps you to heal yourself as well as others from various conditions such as depression, fears, stress, anxiety, addictions and other psychological & emotional problems.

Prerequisite: Basic and Advanced Pranic healing

Duration: 2 days (9am to 5pm)

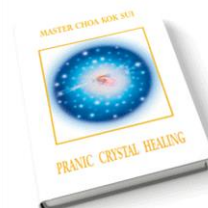
Course Fees: Includes Pranic Psychotherapy Book and Meditation CD

Pranic Crystal Healing: This course allows you to further enhance your ability to heal faster and more efficiently using crystals.

Duration: 1 day (8 am to 6pm)

Prerequisite: Basic, Advanced & Pranic Psychotherapy

Course Fees: Includes Pranic Crystal Healing Book

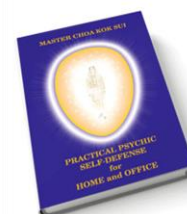


Psychic Self Defence: This course informs how you are affected by energies in your home, your work place and where ever you visit. It helps you protect yourself from negative energies of other people such stress, anger and depression. It helps you have better health, more energy, clear thinking and much more.

Duration: 1 day (8 am to 6pm)

Prerequisite: Basic, Advanced & Pranic Psychotherapy

Course Fees: Includes Psychic Self Defence Book



Arhatic Yoga Preparatory Level: This course provides you access to secret higher spiritual practices and allows you to develop spiritually by helping you awaken the kundalini cautiously. It also helps in improving your life in totality. Higher Meditations and purification practices are taught that increase your awareness, your intelligence and give you solutions to everyday problems of: health, relationships, finance and others. This course helps you realize by removing your inner weakness you can transform your life.

Prerequisite: Basic, Advanced & Pranic Psychotherapy

Duration: 2 days (8 am to 6pm)



For more information on all the courses offered by the West African Pranic Healing Foundation, please contact your nearest Pranic Healing Centre or email waphf@white-ways.com

Pranic Healing Centres in West Africa

Lome, Togo

1) GMCKS Pranic Healing Centre Lome
#411, Avenue Nicolas Grunitzky, B.P. 2855,
Lome, Togo
Tel: (228) 22205864 / 90032483
Contact: Amivi Veronique

2) Clinique Barruet
Boulevard Houphouet Boigny, Lome, Togo
Tel : (228) 22212197
Contact: Dr. Raymond Barruet

Accra, Ghana

GMCKS Pranic Healing Centre Accra
No 8 Sublane Tessano, PO Box No 19810, Accra North,
Accra, Ghana.
Contact: Doh Botchoe
Tel: (233) 540518180

Lagos, Nigeria

GMCKS Pranic Healing Centre Lagos
22, Alh.Muritala Animashaun close,
Off Adelabu street , Surulere, Lagos , Nigeria
Contact: Manoj Mahboobani & Rohit Sujanani
Tel: 017907437/08065970928/08069731033

Dakar, Senegal

GMCKS Pranic Healing Centre, Senegal
129, Rue Mousse et Diop face cocktail du Senegal, Dakar,
Senegal
Contact: Kudjodji Attisso Sena & Kogoe Sika
Tel: +221 778445030 31033

Cotonou, Benin

1) GMCKS Pranic Healing Centre Cotonou
Non loin du commissariat de Cadjehoun
Face autoécole le Destin
Cotonou; Benin
Tel : +229 94638025
Contact: Loko Zinsou

2) Centre GMCKS & ML de Godomey
03 BP 080
Cotonou; Benin
Tel: +229 90085563
Contact: Ahoosi Roger

Banjul, The Gambia

West African Pranic Healing Foundation – The Gambia
Contact: Alida Meyer & Reyes Vulart
Tel: (220) 7737387

Abidjan, Ivory Coast

GMCKS Pranic healing Center, Abidjan
Lot 62 IL 11 Vision 2000 2Plateaux, Angré,
Abidjan, Ivory Coast
Tel: (00225) 22 50 04 53; 01 80 07 22
Contact: Lawson Paul

Ouagadougou, Burkina Faso

GMCKS Pranic Healing Centre, Ouaga
70, cite Azimo, Ouaga 2000
Derriere Ambassade du Mali
Contact: Adzessewonou Kossivi

Important Note

1. Pranic Healing is not intended to replace orthodox medicine, but rather to complement it. If symptoms persist or the ailment is severe, please immediately consult a Medical Doctor and a Certified Pranic Healer.
2. Pranic Healers are not Medical Doctors, but Medical Doctors can be Pranic Healers.
3. Pranic Healers should not make Medical Diagnosis.
4. Pranic Healers should not prescribe Medications and/or Medical Treatments.
5. Pranic Healers should not interfere with the prescribed Medications and/or with Medical Treatments.

- Master Choa Kok Sui
Founder of Pranic Healing, 12 January 2006